



20th primary school of Evosmos
Thessaloniki Greece

«G.O.A.L. Go On And Lead your
team through Europe»

Erasmus+

ERASMUS
+

2015-2018

- Olympic Ideals
- Universal Olympic Values
- Olympic Spirit



Εγώ και εσύ μαζί

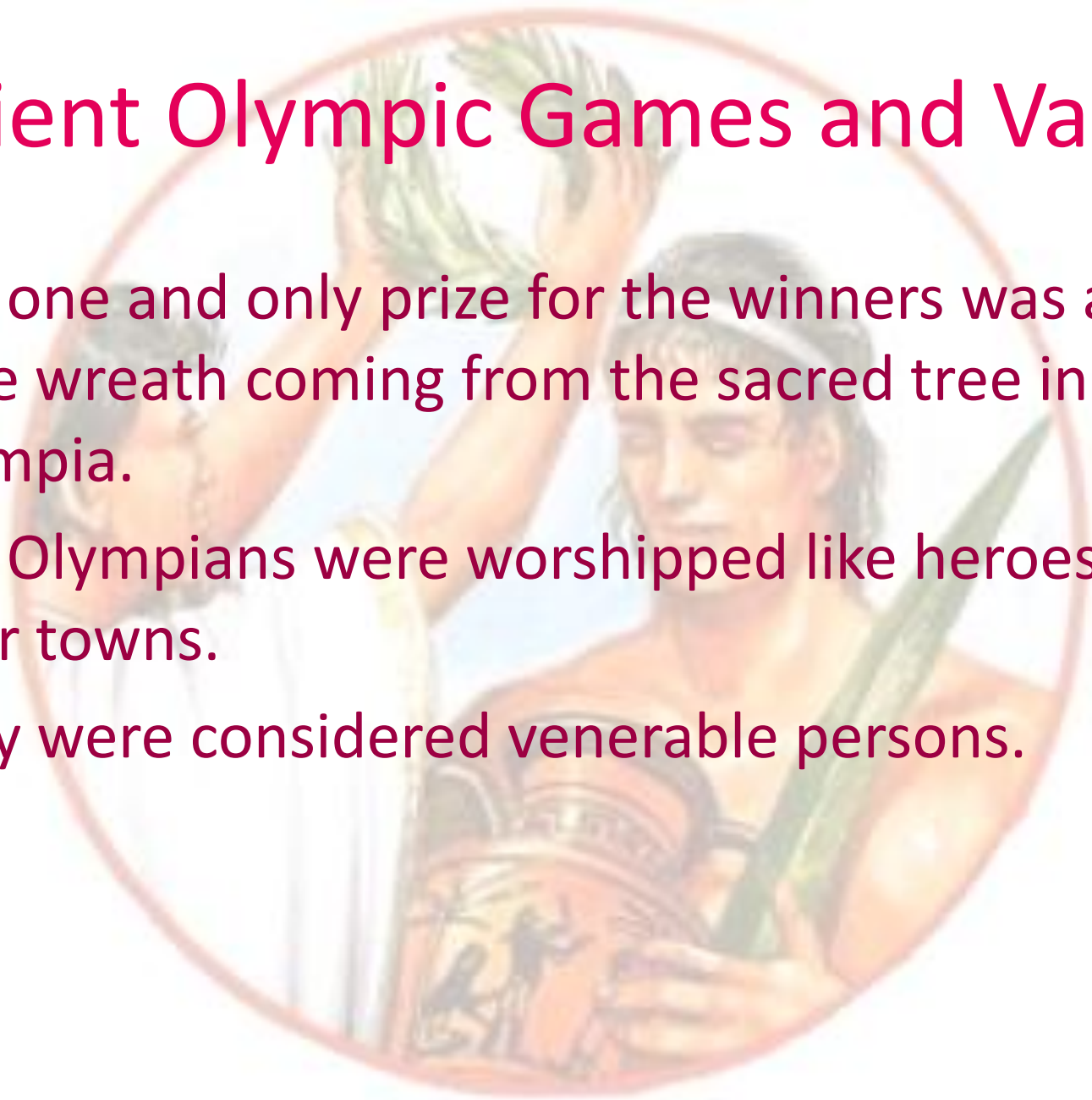
Olympic anthem(K.Palamas)

*O Ancient immortal
Spirit, pure father Of
beauty, of greatness
and of truth, Descend,
reveal yourself and
flash like lightning here,
within the glory of your
own earth and sky.*



Ancient Olympic Games and Values

- The one and only prize for the winners was an olive wreath coming from the sacred tree in Olympia.
- The Olympians were worshipped like heroes in their towns.
- They were considered venerable persons.



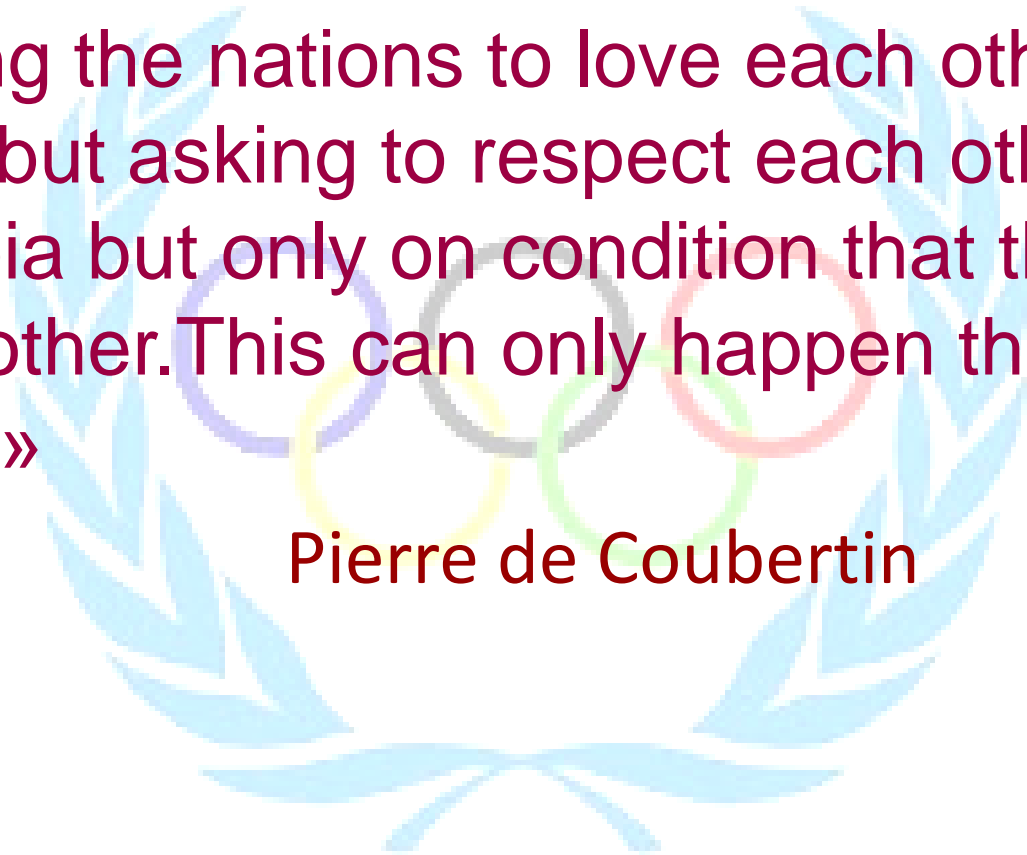
The concept of peace

- «The goal of the Olympic Movement is to contribute to building a peaceful and better world by educating youth through sport practised without discrimination of any kind and in the Olympic spirit, which requires mutual understanding with a spirit of friendship, solidarity and fair play.»

Pierre de Coubertin

«asking the nations to love each other is naive, but asking to respect each other is not a utopia but only on condition that they know each other. This can only happen through sports»

Pierre de Coubertin

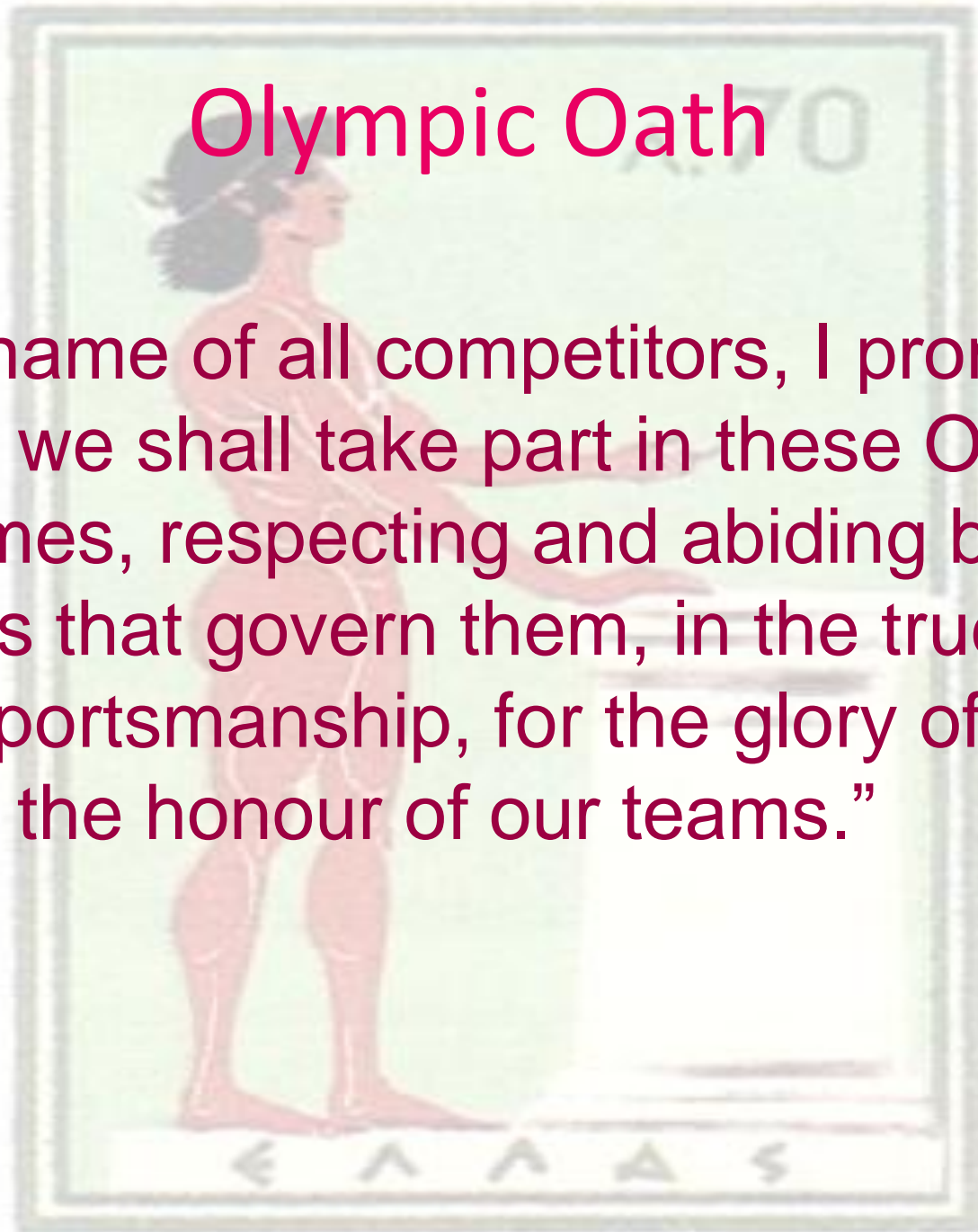


Olympic Charter

Olympism is a philosophy of life, exalting and combining in a balanced whole the qualities of body, will and mind. Blending sport with culture and education, Olympism seeks to create a way of life based on the joy of effort, the educational value of good example, social responsibility and respect for universal fundamental ethical principles

Olympic Oath

- “In name of all competitors, I promise that we shall take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of sportsmanship, for the glory of sport and the honour of our teams.”

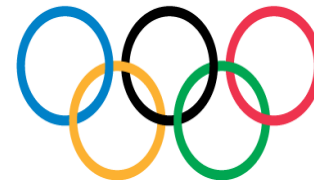


Olympic truce

- Over the last decades there has been an effort to promote and establish the Olympic truce (peace-laying down of arms) universally at least during the Olympic Games.



Διεθνές Κέντρο **Ολυμπιακής Εκεχειρίας**



Universal Olympic Values

- Understanding among nations
- Justice-Fairness
- Equality -Democracy
- Respect for the rules
- Fair play



Understanding among nations

- Respect for the fellow human beings – fellow sportsmen
- Diversity recognition and tolerance – Respect for multiculturalism
- Solidarity



Solidarity

- Long and Owens proved that sports can bring diverse people together.



Justice-Fairness

- Sports provide equal opportunities to everybody .All participants start behind the same start line and the best crosses the finishing line first.The winner is apparent for all the athletes and the spectators.There is meritocracy connected to justice and equality.

Equality

- Equal opportunities promote equality among participants. Sports give the same opportunities to all people regardless of nations, races, gender or social status.



Equality



Respect for the rules (Fair Play)

- Athletes should avoid claiming of victory by any means
- The sportsmen should abide by the rules
- They should show respect towards all the contestants
- They should show magnanimity either they win or lose
- They should compete promoting the spirit of chivalry and graciousness

Fair Play

Vislander and Bondy refused to accept the medals which were deprived of Thorpe because they believed Thorpe was superior and better but he lost the medals because of his origin.



Fair Play

- The Italian Eugenio Monti didn't manage to get the gold medal because he helped other contestants to solve a technical problem they had with their sleigh.



Fair Play

- Sailor Lawrence Lemieux in Seoul was fighting against the waves when he saw a man in his boat being in danger. Without second thought he saved him, he got into the race again but he failed to win a medal because he had wasted a lot of precious time.



Lawrence Lemieux

Seoul, 1988

Fair Play

- Teenage Michelle Kwan won the silver medal in figure skating, she congratulated the winner of the gold medal and when she was asked how she felt she answered: «I wanted to win the gold medal very much but this is good for me, too. That's life, isn't it?»



Individual Olympic Values

- Excellence
- Self discipline-Self confidence
- Participation
- Health

Citius
Altius
Fortius

Personal value

Excellence, striving for improvement

Citius, altius, fortius

Didon

“ Giving one’s best and striving for personal excellence is a laudable goal ”

Pierre de Coubertin

“The greatest victory is the victory against ourselves”

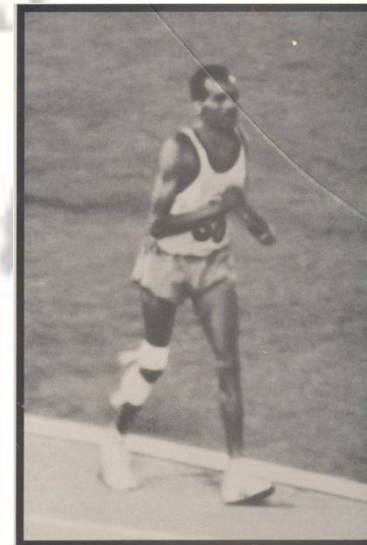
Πλάτων

Personal value

Self discipline-Self confidence

The power of will-The value of participation

- hard training, discipline
- self discipline and self confidence endow athletes with the power of will.



PERSONAL VALUE

Participation

- The beauty of the sports competition does not lie in the result but in effort and participation.
- The most important thing in the Olympic Games is not winning but taking part; the essential thing in life is not conquering but fighting well.

Pierre de Coubertin

The power of will guides disabled people to overcome the obstacles and take part in the Olympic Games



Let's all promote the Olympic spirit

